

SHRI SHIVAJI COLLEGE OF ARTS, COMMERCE AND SCIENCE, AKOLA



NAAC·Re-Accredited with A grade with CGPA 3.24
UGC Status of 'College with Potential for Excellence', DST-FIST level- 0 Support
Lead College status by S.G.B.A.U. Amravati
Near Shivaji Park, Akola - 444 001 (Maharashtra)
Phone & Fax : 0724-2410438/2411039 Cell : 09970151348
Website : shivajiakola.ac.in E-mail : principal@shivajiakola.ac.in



Late Dr. Panjabrao Deshmukh
Founder President

Hon. Harshvardhan Deshmukh
President

Dr. Rameshwar. M. Bhise
Principal

To,
Dr. N. Gopukumar
Joint Director
UGC. Office
Ganesh Khind – Pune

Reference : - File No. 47-997/14 (WRO) 8th Dec. 2018.

Subject : - Submission of Document for M.R.P. awarded to Dr. Mankar Jyoti in the subject Home Science finalization of account compliance of deficiencies – Reg.

Respected Sir,

As per your letter received, point no. 5- final report of the work done in the prescribed formats as per U.G.C guidelines, is attached herewith in a brief , where as a copy of detailed report was uploaded on the scheduled date of submission of M.R.P. report. At the same time hard copy of the detailed report was also submitted at your office.

Point no. 8- A copy of the proof about uploading of executive summary of the report & other documents are also attached herewith for further action.

Thanking you

Date :- 31st Jan. 2019



Principal
Shri Shivaji College of Arts,
Commerce & Science, Akola
(M. S)

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Hon. Harshvardhan Deshmukh
President

Dr. Rameshwar. M. Bhise
Principal

PROJECT COMPLETION REPORT (PCR)

Certified that the Minor Research Project entitled "Violence Against College Girls and their Mental Health Status", awarded to Dr. Jyoti Mankar of this College, in the subject of Home Science has been successfully completed and all completion documents have been submitted to UGC-WRO, Pune.

Principal Investigator

(Dr. Jyoti Mankar)

Principal



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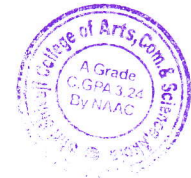
Dr. Rameshwar. M. Bhise
Principal

Uploading Certificate

CERTIFICATE

This is to certify that the Minor Research Project, titled Violence Against College Girls and Their Mental Health Status awarded to (P. I. Name) Dr. Jyoti Mankar has been completed and executive summary of the project has been uploaded on the college/university website, the URL link is _____ . This certificate is as per the requirement under prescribed Minor Research Project guidelines.

Signature of the Principal
with Seal



UNIVERSITY GRANTS COMMISSION
WESTERN REGIONAL OFFICE
GANESHKHIND, PUNE – 411 007

PROFORMA FOR SUBMISSION OF INFORMATION AT THE TIME OF SENDING THE
FINAL REPORT OF THE WORK DONE ON THE PROJECT

1. NAME AND ADDRESS OF THE PRINCIPAL INVESTIGATOR : Dr. JYOTI MANKAR
2. NAME AND ADDRESS OF THE INSTITUTION : Shri Shivaji College Of Arts,
Commerce & Science, Akot Road, Akola
3. UGC APPROVAL NO. AND DATE : F 47- 997/14 (WRO) DATED 20/02/2015
4. DATE OF IMPLEMENTATION : 20/02/2015
5. TENURE OF THE PROJECT : 2 YEARS (20/02/15 TO 20/02/17)
6. TOTAL GRANT ALLOCATED : RS. 2,50,000/-
7. TOTAL GRANT RECEIVED : RS. 1,85,000/-
8. FINAL EXPENDITURE : RS. 2,54,323/-
9. TITLE OF THE PROJECT : 'Violence against college girls & their
Mental Health status.
10. OBJECTIVES OF THE PROJECT :
 - a] Search of existing unreported violence
Against Girls.
 - b] To know the Mental & Physical Health
Status of Girls.
 - c] To find out association of violence &
Health Status of Girls.
 - d] To accelerate the nonviolence
Movement in college.
 - e] To sensitize the awareness amongst
parents teachers for developing
healthy attitudes forwards girls &
behavior change.
 - f] Boosting of confidence & self – esteem
in victim girls to escape from results of
Violence.
11. WHETHER OBJECTIVES WERE ACHIEVED : Yes, the objectives were achieved with this
(GIVE DETAILS) investigation as the number of eve- teasing,
physical harassment and violence's in institution
were found lessen after this investigation.
Exploitation of girls is a vicious phenomenon in
our society. Making girls aware of and assuring
them to face bravely and appose strongly was
the motto of the study. The sensitization and
awareness occurred in society that such acts are
equal to crime and punishable. Girls understood
that they should raise voice against such violence
and inculcate values of dignity and self – respect
in them.

12. ACHIEVEMENTS FROM THE PROJECT : It was found that there is a prevalence of Unreported violence like eve-teasing, physical harassment, mental torture, physical abuse, family violence against college going girls with low Self-esteem. The girls were found restless, often absent in institution, scared, sick and mentally disturbed due to victimization of misbehavior. Their academic performance was also found low. It was further evaluated that there is an association in between violence and mental health, physical health of the victim girls. Concluded that, every social element is responsible to control violence at its own level, including parents, teacher, boys and girls themselves, every step towards awareness to curb violence will be accepted and can prove remarkable change in attitude. Counseling and Guidance can help in building the internal capacity of girls.

13. SUMMERY OF THE FINDINGS : An exploratory research design and random sampling method was employed. Causes for the occurrence of violence and its impact on physical and mental health were different for different conditions. A questionnaire was constructed which is a five point scale (Lickert type)with the options always, most of the time, sometimes, rarely and never for observing the violence, and the same technique was used to prepare another questionnaire on mental health status of adolescent girls. Adolescent girls aged between 16 to 21 years were the representative sample of the study. Various psychological tests were administered to verify the preliminary collected information. An association and co-relations were calculated with the help of statistical techniques like chi-square, Z test, Correlation and ANOVA. Two preliminary methods were employed to assess the problem of Violence: (1) group discussions with students, assessment on Tests, and (2) interviews with police officers from stations near the campuses. Those girls reported even low violence they were showing anxiousness and getting trouble in some or the other way. It was observed that these girls are not confident in dealing the small things as well as cannot paying full concentration in their studies.

There is an association (9.37*) at 5% level of significance in between Home violence and mental health status of adolescent girls. Girls may be discriminated by parents against their male siblings or they are getting overloaded with household chore and due to deprivation of certain facilities they are ultimately getting nervous and depressed slowly.

There is an association (10.82*) at 1% level of significance in between violence by teacher and mental health status of adolescent girls. Student reported violence by teacher with abusive language, criticism and negligence may directly affect mental health of student which may deviate them from good academic achievement.

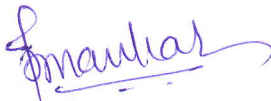
There is an association (8.51*) at 5% level of significance in between violence by Elders and Friends and mental health status of adolescent girls. Hence it seem that the elders at home and friends are significantly associated with mental stability of an individual if they are showing concern and health relationship. It was observed that these girls were not confident in dealing the small thing as well as can not playing full concentration in their studies. The girls who experienced violence reacted with intense fear, helplessness or horror. These symptoms persist for more than one month and cause clinically significant impairment in daily functioning e.g. stomachache headache, restlessness.

14. CONTRIBUTION TO THE SOCIETY: The study was proved success to sensitize the awareness regarding repercussions of sexual violence in colleges and institutions. To accelerate the nonviolence movement in colleges by taking into notice the ill effects of violence with girls in future and to sensitize the awareness amongst students, teachers for developing healthy attitudes towards girls and behavior change, one day workshop on, 'Sexual Harassment of Women at Workplace' (Prevention, Prohibition and Protection) was organized under the guidance of Maharashtra State Commission For Women, Maharashtra state of India, on dated 27th February 2017 at college level. The reference of the study was narrated in the program by investigator and the legal aspects were discussed. The incidences related to the exploitation of girls were assumed lessened as no. of grievances in colleges found decreased. But the follow-ups of such programs are required to control and maintain such results. The study suggests that the unreported violence can give the birth to major sexual violence in the society.

15. WHETHER ANY PH.D. ENROLLED/PRODUCED OUT

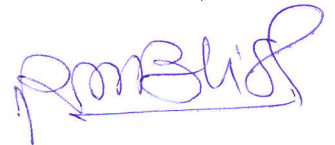
OF THE PROJECT: NO

16. NO. OF PUBLICATIONS OUT OF THE PROJECT: NO



Principal Investigator

(Dr. Jyoti Manikar)



(REGISTRAR/ PRINCIPAL)

Sign & Seal